

Parent Support Group

ENHANCING CHILD PARENT RELATIONSHIPS

For parents of children P-6



Is your child struggling at home or school?

Are you at a loss for what to do next?

This group is for you!

A 10 session parent support group, which focuses on:

- Reducing difficult behaviours
- Helping your child understand and express their feelings
- Creating happier children and families

When: Mondays fortnightly (10-11:30am)

Commencing October 6th

Westgate Health and Wellness Centre
107 Elm Park Drive - Hoppers Crossing

Call us for more information

Nyrelle Bade (Registered Arts Therapist) – 0402 423 532
or Laura West (Registered Play Therapist) – 0407 091 436